

CAP Order Form

● PM prices apply to Peninsular Malaysia ● EM prices apply to East Malaysia

** All prices quoted are for MALAYSIAN POSTAL ADDRESS only:

Titles	PM (RM)	EM (RM)	Qty	Total (RM)
Avoid chemicals in your food	5.00	5.50		
Baby food guide	2.50	3.00		
Beyond consumer cultures	9.00	10.00		
Bicycle is best for transport, health, economic gains	4.00	4.50		
Brain foods	5.00	5.50		
Breastfeeding makes your child intelligent	4.00	4.50		
Can doctors be trusted?	2.50	3.00		
Cancer-causing chemicals in cosmetics & daily use products	4.00	4.50		
Caught in the web	4.00	4.50		
Changing directions — towards sustainable transport in Malaysia	5.00	5.50		
Chemical hazards	3.00	3.50		
Combating climate change	6.00	6.50		
Computer do not help children learn	2.50	3.00		
Contaminated humans — over 300 chemicals found in our blood	6.00	6.50		
Cosmetics & personal care products	6.00	6.50		
Danger foods	20.00	21.00		
Don't be a victim of mindless buying	6.00	6.50		
Eating chemicals from food packaging	5.00	5.50		
Eating right	6.00	6.50		
Emotional fitness	19.00	20.00		
Exercise as medicine	26.00	27.00		
Fashion that hurts	6.00	6.50		
Fatimah's kampung (softcover)	65.00	70.00		
Fatimah's kampung (hardcover)	95.00	100.00		
Fruits — A nutrition guide	5.00	5.50		
Going extinct	2.50	3.00		
Good gut, good health	6.00	5.50		
Halal haram — An important book for muslim consumers	18.00	19.00		
Health supplements	5.00	5.50		
Heart disease: prevention, natural cures & reversal	22.00	23.00		
Herbs in daily life	4.00	4.50		
Hidden dangers In vaccines	4.00	4.50		
High risks in caesarean births	8.00	9.00		
Home nutrition garden	2.50	3.00		
How much salt is hidden in your foods	5.00	5.50		
How school affects your kids	4.00	4.50		
How sleep affects your body & mind	3.00	3.50		
How sugar destroys your health	7.00	7.50		
How to complain & get results	16.00	17.00		
How toxic is your cup of coffee?	2.50	3.00		
How TV affects your child's development	2.50	3.00		
How unsafe is your mobile phone	2.50	3.00		
Is MSG safe?	4.00	4.50		
Land issues in Malaysia (Tanah air ku)	28.00	29.00		
Laser eye surgery	2.50	3.00		
Low level radiation — The invisible killer	8.00	9.00		
Malaysian environment in crisis	18.00	19.00		
Metabolic syndrome	4.00	4.50		
Microwave ovens — A recipe for cancer and other health effects	2.50	3.00		
Money matters for young people	6.00	6.50		
My island in the sun	13.00	14.00		
Natural farming for earth's sake	4.00	4.50		
Natural wisdom	3.00	3.50		
Non stick pans can causes sickness	4.00	4.50		
Obesity	4.00	4.50		
Organic farming	1.20	1.50		
Our immune system	4.00	4.50		

Titles	PM (RM)	EM (RM)	Qty	Total (RM)
Penang perspective — My island in the sun II	25.00	26.00		
Pest repellent — Managing pest in natural farming	4.00	4.50		
Prevent cancer	2.50	3.00		
Prevent cancer with good eating & living habits	5.00	5.50		
Protect your child	15.00	16.00		
Reflections on Malaysian society	8.00	9.00		
Series 1: Romantic love self love	3.00	3.50		
Series 2: Unconditional love	3.00	3.50		
Series 3: Love for home & children	3.00	3.50		
Series 4: Love god, humanity & life	3.00	3.50		
Shocking ingredients in your food	12.00	13.00		
State of the environment in Malaysia	80.00	85.00		
Teens thinking about money	4.00	4.50		
The happiness factor	8.00	9.00		
The hormone replacement therapy hoax	4.00	4.50		
The money book	25.00	26.00		
The new silent killer	5.00	5.50		
The real thing in soft drinks	2.50	3.00		
Toxic trans fat in processes foods	7.00	7.50		
Toxics in plastics	2.50	3.00		
Understanding international organizations	4.00	4.50		
Understanding globalization — How It affects our lives	4.00	4.50		
Unsound ultrasound	2.50	3.00		
Vegetables — A nutrition guide	7.00	7.50		
What's in your bread	3.00	3.50		
What they don't tell you about milk	3.00	3.50		
What you should know about genetically modified foods	4.00	4.50		
What's wrong with eating meat	2.50	3.00		
Why you can't lose weight	6.00	6.50		

TOTAL AMOUNT

I wish to pay by (please tick ✓): [All payments to: **Consumers Association Of Penang**]

Master Card Visa

Cheque/Postal/Money Order:

Card No: Exp. Date:

Amount:

Signature:

Name:.....

Address:.....

Email: Tel. No:

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